

I am ready for Nursery!

My name is _____

Text in blue is for children. Text in red is for parents.



I can let someone know

I need the toilet.

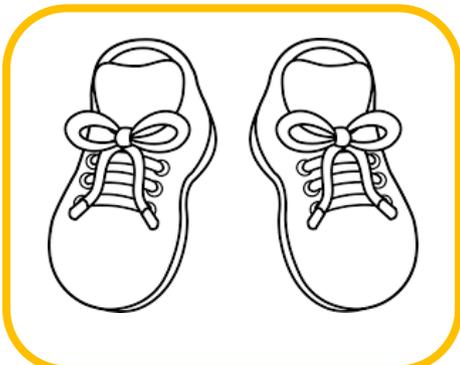
- I can use words or gestures.
- I can get my trousers, tights or pants on and off.
- I can get myself onto the toilet.
- I can wash my hands.
- Encourage your child to let you know they need to go or have been to the toilet or need a nappy change.
- Praise when your child does this.



I can put on my coat with

some help, if needed.

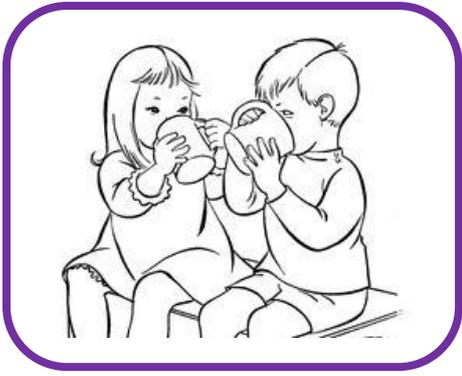
- I know what my coat looks like.
- I know where to find my coat.
- I can put my arms in the sleeves with some help.



I can try to put on and take

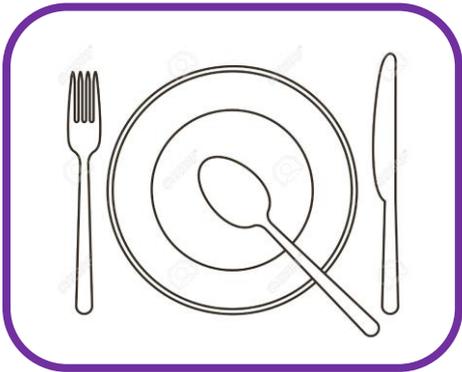
off my shoes and wellingtons.

- My shoes need to be Velcro or slip on.
- My shoes must be the right size.
- Encourage your child to take off and put on their shoes.
- Give your child plenty of time to put their shoes on or take them off.



I can pour my own drink.

- I can try not to spill.
- I can drink from a cup without a lid.
- Allow your child to pour their own drink at home.
- Let your child play with plastic bottles and jugs in the bath.
- Let your child play with a tea set and water.



I can feed myself

- Encourage your child to feed themselves at home.
- Allow your child to play with different foods.
- Cut sandwiches into different shapes.
- Allow your child to play with cutlery when using playdough.
- Encourage your child to try different foods.



I can show you when

- I know I can go for help to a grown-up.
- When your child shows you they want to tell you something, acknowledge them by smiling, looking at them and waiting. Say "show me."
- Give your child time to show you what they need.

I need something.



I can respond to my name.

- Use your child's name when you are speaking to them.
- Wait for eye contact from your child before continuing to speak.
- Use the name you want your child to be known by.



- I can tidy up after I have played with something.
- I know my hands have to be used gently.
- Encourage your child to tidy up with you, rather than do it for them.
- Remind your child to be gentle if they touch other people or things.

I can look after toys and have kind hands.



- I can choose a book that I like.
- I can turn pages in a book.
- I can hold a book the right way round.
- I can join in with actions and repeated phrases.
- We have books at home.
- We can visit the library together.

I can sit and enjoy a story.



- I know who my key person is.
- I know the names of the adults at Nursery.
- I can form good relationships with the adults at Nursery.
- I know how to get the attention of an adult at Nursery.

I can begin to feel safe with others.

Are you ready for Nursery?

